

# MENÜPLAN 23.06.- 27.06.2025

	MENÜ	MITTAGS-HIT	VOM CHEF	POWER-BOWLS	VOM MARKT	TRADITIONELL
MONTAG	<p>Sea bream fillet fried with noodles, sesame-ginger carrots and lemongrass sauce </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Planted-Nasi Goreng with fresh vegetables, Mu-Err Mushrooms and Ginger Soy Sauce </p> <p>Intern 8.50 / Extern 15.90</p>	<p>"Pasta of the day" Lumacconi "Quattro formaggi" with date tomatoes, and grated cheese </p> <p>Intern 11.80 / Extern 19.80</p>	<p>Superfood Bowl with swordfish sashimi, rice edamame, wakame, Chinese cabbage, wasabi dip </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Migusto Buffet</p> <p>3.40pro 100g</p>	<p>Breaded pork schnitzel with side dishes and vegetables from the daily specials </p> <p>Intern 9.80 / Extern 18.90</p>
DIENSTAG	<p>Beef strips "Szechuan" with bamboo, pepperoni, broccoli and jasmine rice </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Zucchini Piccata with tomato spaghetti </p> <p>Intern 8.50 / Extern 15.90</p>	<p>"Pasta of the day" Lumacconi "Quattro formaggi" with date tomatoes, and grated cheese </p> <p>Intern 11.80 / Extern 19.80</p>	<p>Superfood Bowl with swordfish sashimi, rice edamame, wakame, Chinese cabbage, wasabi dip </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Migusto Buffet</p> <p>3.40pro 100g</p>	<p>Breaded pork schnitzel with side dishes and vegetables from the daily specials </p> <p>Intern 9.80 / Extern 18.90</p>
MITTWOCH	<p>Butter Chicken with chickpeas, cauliflower, coriander and naan bread </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Cannelloni al Forno filled with ricotta and spinach with young spinach and grated cheese </p> <p>Intern 8.50 / Extern 15.90</p>	<p>"Rock the Wok" Black Tiger Shrimps with wok noodles, pak choi, mushrooms and green curry </p> <p>Intern 15.80 / Extern 24.90</p>	<p>Superfood Bowl with smoked tofu, bulgur salad with chickpeas, cauliflower, red cabbage and honey dressing </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Migusto Buffet</p> <p>3.40pro 100g</p>	<p>Chicken Burger with side dishes and vegetables from the daily specials </p> <p>Intern 10.80 / Extern 19.90</p>
DONNERSTAG	<p>Pork Ragout In honey mustard sauce with cardamom carrots and bulgur </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Baked cauliflower with mashed sweet potatoes and curry sauce </p> <p>Intern 8.50 / Extern 15.90</p>	<p>"Rock the Wok" Black Tiger Shrimps with wok noodles, pak choi, mushrooms and green curry </p> <p>Intern 15.80 / Extern 24.90</p>	<p>Superfood Bowl with smoked tofu, bulgur salad with chickpeas, cauliflower, red cabbage and honey dressing </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Migusto Buffet</p> <p>3.40pro 100g</p>	<p>Chicken Burger with side dishes and vegetables from the daily specials </p> <p>Intern 10.80 / Extern 19.90</p>
FREITAG	<p>Pouletragout Satay with green asparagus and basmati rice </p> <p>Intern 9.50 / Extern 16.90</p>	<p>Spinach Gnocchi with gorgonzola sauce </p> <p>Intern 8.50 / Extern 15.90</p>	<p>Olma Bratwurst with onion or currywurst sauce with side dishes and vegetables from the daily offer  </p> <p>Intern 7.50 / Extern 14.60</p>		<p>Migusto Buffet</p> <p>3.40pro 100g</p>	

-  Vegetarisch
-  Schaf (CH)
-  Rind (CH)
-  Geflügel
-  Fisch und Krustentiere (WWF)
-  Pferd
-  Allgemeine Info
-  Vegan
-  Kalb (CH)
-  Schwein (CH)
-  Wild (CH/A)
-  Bio (Teilkomponenten)
-  Kaninchen